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School-based interventions modestly increase physical activity and cardiorespiratory fitness but are least effective for youth who need them most

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Figure 1

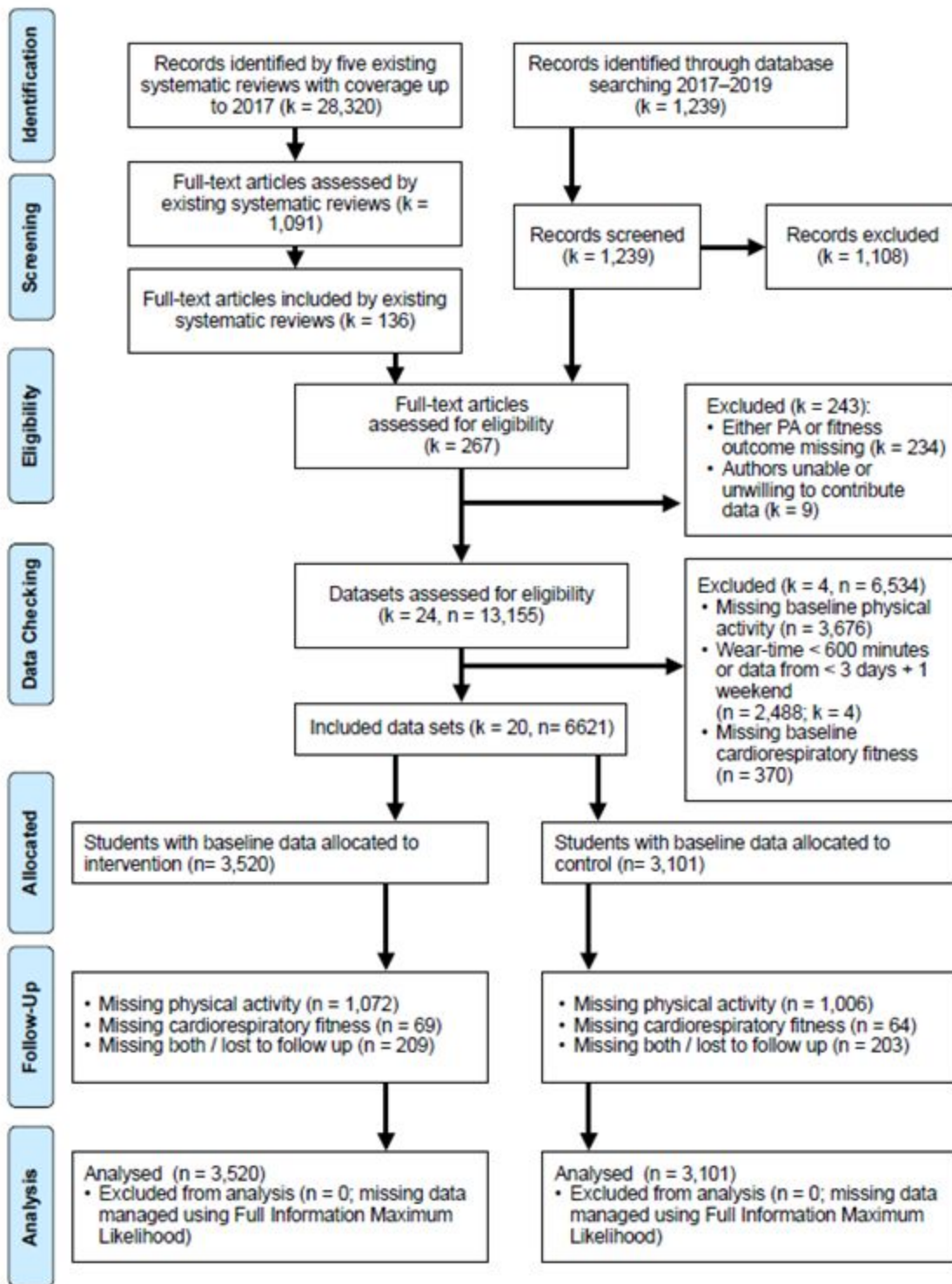


Figure 2

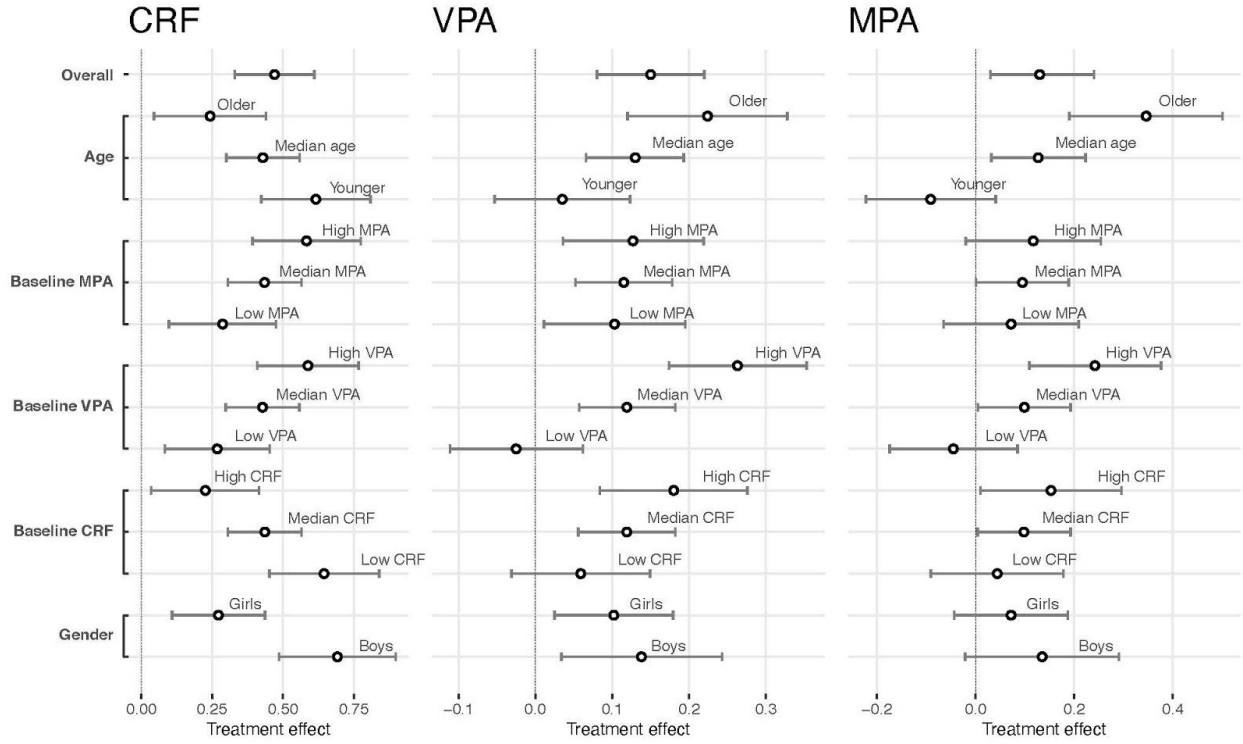


Figure 3

