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School-based interventions modestly increase physical activity and cardiorespiratory fitness but are least effective for youth who need them most

Hartwig, Timothy Bryan; Sanders, Taren; Vasconcellos, Diego; Noetel, Michael; Parker, Philip D; Lubans, David Revalds; Andrade, Susana; Ávila-García, Manuel; Bartholomew, John; Belton, Sarahjane; Brooks, Naomi E; Bugge, Anna; Caverro-Redondo, Iván; Christiansen, Lars Breum; Cohen, Kristen; Coppinger, Tara; Dyrstad, Sindre; Errisuriz, Vanessa; Fairclough, Stuart; Gorely, Trish

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Figure 1

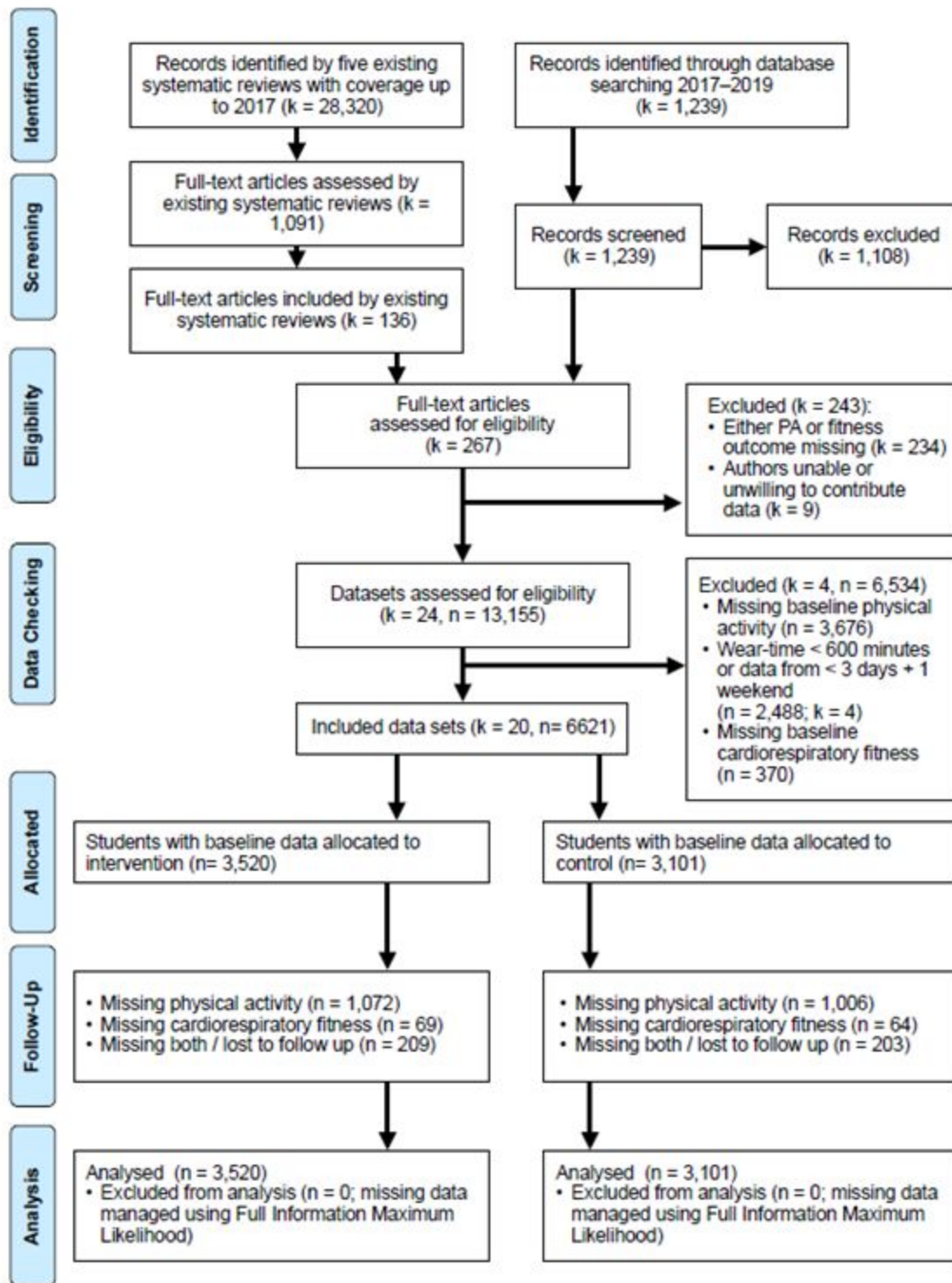


Figure 2

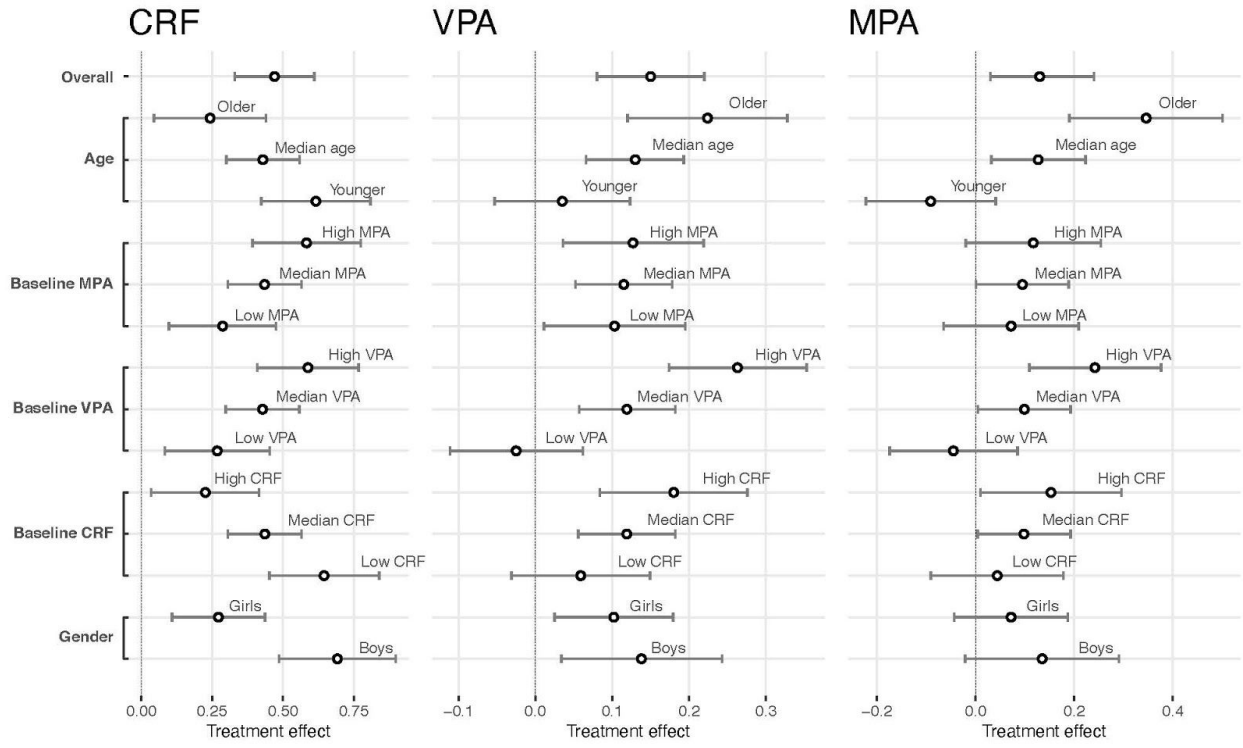


Figure 3

